



INFORMATION PACK
Term 3, 2024

Preschool Sport
Under 3, Play With Me!
Sensory Space

www.sprocketsportmacquarie.com.au

WELCOME TO SPROCKETS!



Welcome to Sprockets!
Future Sporting Rockets.
We look forward to getting to know you and your child.

We are committed to developing young children's skills, passion and potential in the sporting arena. We will provide them the opportunity to experience a variety of sports, investigate their capabilities, care about others, interact, develop and create.

We strive to deepen and strengthen children's natural abilities by providing them with a healthy learning environment which supports the development of confidence and resilience and a growth mindset.



**Sprockets! runs weekday mornings at the
Port Macquarie Indoor Stadium**

WHAT PROGRAM SHOULD MY CHILD JOIN?

SENSORY SPACE

SENSORY PLAY & DISCOVERY FOR BABIES

A sensory program designed for bubs aged 3 months – 18 months and their special grown up.

Sensory Space is a bright and colourful place where babies explore, discover and learn about their world through music, movement and sensory play. Sensory Space supports and strengthens the bond between parents and their baby through interactive songs and activities, provided in a safe and supportive environment.

UNDER 3, PLAY WITH ME!

FOR CHILDREN AGED 2 AND UNDER

Under 3, Play With Me! is a facilitated, structured play program based around our Sprockets! portfolios.

The children have access to quality sporting equipment and will learn the basics of the 12 Fundamental Movement Skills.

Games and activities are relaxed to allow the children to explore the way their bodies can move and manipulate the equipment.

Under 3, Play With Me! is the perfect way to give your child a head start on their sporting journey.

PRESCHOOL SPORT

FOR CHILDREN AGED 3 - 5 YEARS OLD

Preschool Sport teaches children the rules and skills of seven different sports.

Combine this with the explicit teaching of 12 fundamental movement skills needed to be successful in games and your child will have a head start on their sporting journey.

We thread balance, hand eye coordination and crossing the midline activities into our lessons as well as activities which strengthen the children's neurological pathways.



**PRESCHOOL SPORT CHILDREN NEED TO
BRING IN A SNACK FOR BREAK TIME!**



OTHER PROGRAMS OFFERED:

KINDY KIDS: SCHOOL READINESS

Term 3 & 4 only

Visit our website for more information!





Program Fees

You will be issued an invoice and can pay online or via EFTPOS at your first lesson.

Term 3 2024 dates

Monday 22nd July- Friday 27th September

No lessons on the following dates:

**Monday 29th July
Tuesday 30th July**

**Wednesday 31st July
Thursday 1st August**

Friday 9th August



\$160

CASUAL LESSON

\$17.95

Bookings Essential



\$135

CASUAL LESSON

\$15.95

Bookings Essential



\$135

CASUAL LESSON

\$15.95

Bookings Essential

All lessons during the term must be paid for, including lessons that are missed.

If you cannot commit to a full term of lessons you are welcome to pay the casual lesson fee.

In the event that you cannot attend a lesson, we offer make up lessons. This is provided there is space in your preferred class.

We do not credit accounts or refund for missed lessons.

If you need to miss a lesson due to isolation, you can make it up when you return. We will carry this forward for you to next term.

You must book in for a make up lesson and receive confirmation that you can attend - we cannot accept walk ins.

For more information, please read/request the Sprockets! Payment Policy.



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 9.30 | | | | | |
| Court 4 | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT |
| Court 5 | Under 3, Play With Me! | Under 3, Play With Me! | Under 3, Play With Me! | Under 3, Play With Me! | Under 3, Play With Me! |
| PMPA | | | KINDY KIDS | SENSORY SPACE | KINDY KIDS |
| 10.15 | | | | | |
| PMPA | | | | SENSORY SPACE | |
| 10.30 | | | | | |
| Court 4 | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT | PRESCHOOL SPORT |
| Court 5 | Under 3, Play With Me! | | | | Under 3, Play With Me! |
| 10.45 | | | | | |
| PMPA | | | SENSORY SPACE | | |

TERM FEE

The term fee locks you into your weekly Sprockets! class - just like swimming lessons. If you are away or cannot make your class one week, we offer make up lessons provided there is space in your preferred class.

Make up lessons must be booked in advance - you can either pop into the office, email or text us to book.

CASUAL FEE

Casual lessons are available, provided there is space in your preferred class.

Casual lessons must be booked in advance - you can either pop into the office, email or text us to book. If you turn up on the day, while we will do everything we can to accommodate you, there is no guarantee there will be space in your preferred class so it is always best to check!



Sportfolios and Fundamental Movement Skills

Your child will learn the basic associated skills of 7 different sport portfolios:

Soccer
Tennis
Basketball
Tball
Cricket
Rugby
Hockey

Your child will develop the following 12 fundamental movement skills:

Running
Leaping
Gallop
Side sliding
Hopping
Jumping
Underarm throw
Overarm throw
Catching a ball
Bouncing a ball
Kicking a ball
Striking a ball.

All this learning takes place through play and child led development activities. Opportunities to explore the different ways to move are embedded in fun, engaging experiences which build social skills, confidence, physical literacy and a sense of adventure and fun!



LESSON STRUCTURE

Preschool Sport

Welcome Circle

Jogging Train

Warm up stretches

Fast Running

Activity 1

Activity 2

BREAK

Sportfolio circuit

Parachute

Stretches

Stickers, reflection, farewell

45 minutes in length

Under 3, Play With Me!

Softfall obstacle

Warm up stretches

Fast Running

Songtime

Activity 1

TRANSITION

Free play circuit

Parachute

Stretches

Stickers, reflection, farewell

30 minutes in length



If your child goes up to the circuit early, please make sure you reset any equipment and activities so it is ready for the class when they arrive!

Don't forget to bring along a healthy snack for break time!





LESSON STRUCTURE

Sensory Space

Welcome Song

Group activity

Song time

Free play

Sensory activity

Parachute

Song, farewell

30 minutes in length





Sprockets! Team Merchandise



Series 4 Team Tee

\$29.95

Your choice of tee colour, theme colour, name and number on back.

You can mix and match any tee colour with any theme colour eg. you can order a green tee with yellow theme or a yellow tee with pink theme.

Sizes (kids) 2yr, 4yr, S (6-8)



Team Hoodie

\$35

Your choice of colour and name on back.

Sizes (kids) 2yr, 4yr, S (6-8)



Additional Information

RE ENROLMENT

Your enrollment will automatically carry over from term to term.

You will receive an email at the end of the term where you can indicate if you need to change class day/time and/or programs or if you wish to opt out.

ALLERGEN ALERT

We have many children enrolled across our program with severe nut, dairy and sesame seed allergies.

Please keep them in mind when packing snacks for your child.

As a rule, we kindly ask NO NUTS.

OLDER SIBLINGS ATTENDING

At times, siblings may need to attend a lesson if they are sick or have a pupil free day for example. This is totally fine and we welcome them to come along!

However, they cannot take part in the lesson - just like they wouldn't jump in the pool if they were attending a swimming lesson with their brother or sister!

Older siblings are welcome to sit on the seats and cheer their brother or sister on.

NICE TO MEET YOU!

At your first lesson, please make your way to your court and your teacher will be waiting for you. You will receive this information prior to your first lesson via email.



SPROCKETS! PAYMENT POLICY

This policy outlines the protocols surrounding payment and pricing and what your options are if you miss a lesson and or we need to cancel lessons. It is designed with fairness and understanding at the forefront of it's creation and aims to ensure that Sprockets! families are aware of payment expectations and what will happen if lessons are missed or cancelled.

• **PAYMENT - TERM FEE**

Paying the term fee secures your child a place in a Sprockets! class.

This class will be at the same time and on the same day for the duration of the term.

One term fee secures a place in one class; if you would like to attend more than once a week you will need to pay additional term fees.

The term fee is inclusive of all registration and insurance costs so there are no additional extras.

All lessons during the term must be paid for, including lessons that are missed.

We offer make up lessons in this instance - see below.

We do not refund for missed lessons or amend term invoices if you are away.

You must pay your invoice in full prior to your child's first lesson.

Your invoice will be issued to your nominated email address and must be paid by the due date.

Failure to pay by week 2 will result in your child being removed from the Sprockets! program and their place being offered to the next on the list.

• **PAYMENT - CASUAL FEE**

You are welcome to pay the casual lesson fee if you cannot commit to the full term.

Casual lessons will be invoiced to your nominated email address or can be paid for via EFTPOS on the day of your lesson.

Casual lessons MUST be booked; they are only available if there is space in your preferred class. Preference is given to those who are signing up for the term.

Please note that lesson fees are subject to change each term due to a variety of factors such as length of term, operational costs, registration fees etc.

Term fees will be published in the term information pack as well as on our website.



SPROCKETS! PAYMENT POLICY

- **MAKE UP LESSONS**

In the event that you cannot attend a lesson, we offer make up lessons.

This is provided there is space in your preferred class and you must book in.

We understand that at times you will be unable to attend your lesson due to a range of reasons; sickness, weather, holidays etc.

We do not credit accounts or refund for missed lessons.

Make up lessons do not roll over from term to term.

Make up lessons will only be honored during the term in which the lesson is missed, for example, if you miss a lesson in term 1 you cannot make it up in term 2.

The exception to this is if you miss a lesson due to isolation and you cannot make it up that term – we will carry it over for you.

- **MISSED LESSON DUE TO COVID CLOSURE**

In the event that you cannot attend a lesson because of a school/workplace closure or because you are isolating due to Covid - 19, we offer a make up lesson.

We do not refund or credit accounts in this instance.

See 'Make Up Lessons' above for more information.

- **NATURAL DISASTER or EVENTS OUTSIDE OUR CONTROL**

In the unlikely event that we have to cancel lessons due to events such as natural disasters, stadium closure or a global pandemic, your account will be credited.

The credit amount will be subject to an administration fee and will be a percentage of the term fee.

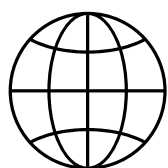
If you are not returning full time the following term, you are welcome to book make up lessons.

Please see make up lesson information above.

Refunds will not be given for cancelled classes that occur due to reasons outside of our control.



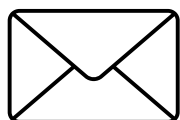
Communication



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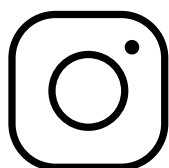
0403 092 008 - **text only service**



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